



Town of East Hampton Department of Human Services

Senior Nutrition Center Menu

September 2021

324-6711

Michelle Posillico, Senior Citizen
Program Supervisor 324-6711

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Turkey Chili Rice French Green Beans Mixed Green Salad Peaches	Sea Leg Salad Macaroni Salad Cole Slaw Mixed Green Salad Melon	Flounder Orzo Spinach w/Garlic Tomato & Onion Salad Pears
	7	8	9	10
	BBQ Chicken Baked Beans Cauliflower Mixed Green Salad Apple Sauce	Battered Cod Garlic Mashed Potatoes Broccoli Cucumber Salad Bananas	Pulled Pork Sweet Potatoes Spinach Cole Slaw Melon	Cheese Burger Potato Salad Green Beans Mixed Green Salad Melon
13	14	15	16	17
Battered Cod Wild Rice Broccoli Tomato & Onion Salad Fruit Cocktail	Cheeseburgers Yellow Squash California Veg. Mixed Green Salad Melon	Chicken Salad Plate Ziti Salad Beet Salad Tomato & Onion Salad Oranges	Eggplant Parmesan Angel Hair Pasta Zucchini Mixed Green Salad Peaches	Roast Chicken Roasted Potatoes Normandy Veg Mixed Green Salad Apple
20	21	22	23	24
Tuna Casserole Tomato & Onion Salad Oranges	Roasted Chicken Mashed Potatoes Parsley Carrots Mixed Green Salad Bananas	Salisbury Steak Mashed Potatoes Spinach Beet Salad Pears	Chicken Cutlet Parmesan Bow Tie Noodles Italian Veg. Cucumber Salad Apples	Pork Chops Twice Baked Potatoes Scandinavian Veg. Tossed Salad Pineapple Chunks
27	28	29	30	
Parmesan Chicken Bow Tie Pasta Scandinavian Veg. Tomato & Onion Salad Melon	Broccoli Cheddar Quiche Mixed Veg. Green Salad Pears	Sloppy Joes Parsley Carrots Green Beans Mixed Green Salad Apples	Pork Cutlet Red Potatoes Roasted Brussels Cucumber Salad Oranges	