



Town of East Hampton Department of Human Services

Senior Nutrition Center Menu

November 2021

324-6711

Michelle Posillico, Senior Citizen
Program Supervisor 324-6711

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Baked Ziti Broccoli Mixed Green Salad Pears	CENTER CLOSED ELECTION DAY 	Meat Loaf Mashed Potatoes California Vegetable Mixed Green Salad Bananas	Pork Loin Mashed Potatoes Brussel Sprouts Beet Salad Pudding	Chicken Parmesan Penne Pasta Italian Vegetables Mixed Green Salad Peaches
8	9	10	11	12
Spinach Quiche Mixed Vegetables Mixed Green Salad Fruit Salad	Virginia Ham Sweet Potatoes Broccoli Carrot Salad Oranges	Chicken Cutlet Parmesan Penne Italian Vegetables 4 Bean Salad Pineapple	CENTER CLOSED FOR VETERANS DAY 	Spaghetti & Meatballs California Vegetables Mixed Green Salad Pears
15	16	17	18	19
Chicken Cutlet Parmesan Penne Pasta Broad Beans Mixed Green Salad Oranges	Stuffed Peppers White Rice Italian Vegetables Tomato & Onion Salad Fruit Cocktail	Fresh Ham Mashed Potatoes Broccoli Mixed Green Salad Apples	Battered Cod Sandwich Orzo Mixed Veggies Carrot Salad Banana	Chicken Cordon Bleu Baked Potatoes Scandinavian Veg. Mixed Green Salad Peaches
22	23	24	25	26
Cheeseburger Baked Beans Scandinavian Vegetables Mixed Green salad Mandarin Oranges	Linguini with Clam Sauce Broccoli Beet Salad Apples	Turkey /Gravy Mashed Potatoes Stuffing Turnips Mixed Green Salad Pumpkin Pie	Center Closed Thanksgiving Day 	Center Closed  Toasted, Roasted, Baked and DONE! Hope your Thanksgiving was loads of fun!
29	30	November 7th		
Vegetable Lasagna Broad Beans Mixed Green Salad Pears	Crab Cakes Corn Carrots Chick Pea Salad Fruit			