

## East Hampton Town Senior Citizen's Center

### PROVIDES A MAIN MIDDAY CONGREGATE MEAL FOR:

Town Residents 60 years or older,  
all participants must register and make  
a reservation.

### PROGRAM HOURS:

8:00 AM to 3:00 PM  
Monday through Friday

A hot meal is served at 12:00 Noon  
Suggested Voluntary Contribution - \$2.50  
per meal. Snacks are provided

Persons with self-declared incomes at or  
above 185% of the federal poverty level are  
encouraged to make a contribution equal to  
the actual cost of the meal.

### **For information & Reservation call: 631-324-6711**

Program Supervisor, Michelle Posillico

Each month a MENU and CALENDAR of  
events are provided. Activities include arts  
& crafts, parties, bingo, meditation, yoga,  
walking club, bridge, knitting workshop,  
mahjongg, music, movies, trips and other  
social and educational activities.

Transportation is provided to participants  
without other means of transportation to and  
from the Center. Transportation is provided  
door to door to and from home of  
participants.

For reservations call - 324-4443

Day Trips for participants of the  
Nutrition Program are also planned.  
Sign-up for trips is on a "first come basis".

Supervisor, Peter Van Scoyoc  
Deputy Supervisor, Sylvia Overby  
Councilwoman, Kathee Burke Gonzalez  
Councilman, Jeffrey L. Bragman  
Councilman, David Lys

### **PROGRAMS FOR THE AGING:**

#### ADVOCACY

A senior advocate from the Suffolk County  
Office for the Aging is at the Center once a  
month to assist senior citizens with entitlement  
paperwork.

#### **ADDITIONAL LOCAL SERVICES:**

#### MONTAUK COMMUNITY

SENIOR NUTRITION PROGRAM provides,  
for a contribution of \$3.00, a hot main meal at  
12 Noon at the Montauk Playhouse  
Community Center. For Information or  
reservation call - 631-668-1023

#### R.S.V.P., Retired Senior Volunteer Program

provides, at no cost, daily telephone safety  
checks and reassurance, and home visits to  
seniors living alone.

For information call - 631-267-8371

#### EAST HAMPTON MEALS ON WHEELS,

INC. Provides two meals a day,  
home delivered Monday-Friday.  
Fee on a sliding scale.

For information call - 631-329-1669

#### BLOOD PRESSURE SCREENING

Available on the first Tuesday of each month  
at East Hampton Senior Center

#### **CAREGIVER SUPPORT GROUP**

For those caring for someone 60+ meets at  
Family Service League every other Friday of  
the month at 1:30PM

**For Information call - 631-329-6939**

Liliana Rodriguez, Case Manager (SS)

## Town of East Hampton Department of Human Services

128 Springs Fireplace road  
East Hampton NY 11937  
Tel: 631-329-6939 Fax: 631-329-6693



**Human Services - 631-329-6939**  
**Senior Nutrition Center - 631-324-6711**  
**In-Home Services - 631-329-9040**  
**Adult Day Care - 631-324-6449**  
**Transportation - 631-324-4443**  
**Residential Repair - 631-329-6939**  
**Case Management—631-329-6939**

Human Services Director, Diane Patrizio

Programs Funded By:  
Town of East Hampton  
New York State Office for the Aging  
Suffolk County Office for the Aging and  
U.S. Administration for Community Living

## **SOCIAL MODEL ADULT DAY CARE**

Provides services for Town Residents age 60 and older, who are frail, impaired, physically or cognitively, and capable of benefiting from socialization and being transported.

The purpose our programs is to enable residents to remain at home in the community and offer respite for the caregiver. Our programs provide supervision and monitoring, nutrition, personal care, and socialization.

### **Programs include a variety of activities:**

Art, crafts, poetry, literature, word and memory games, current events, movies, exercise, music, entertainment, drama programs

**SERVICES ARE PROVIDED AT**  
**East Hampton Adult Day Care Center**  
128 Springs Fireplace Road  
Monday - Friday - 8:30 AM to 2:30 PM

**For Information Call: 631-324-6449**  
ADC Program Supervisor - Lisa Charde

Suggested Contribution: \$22.50 per day  
Includes continental breakfast  
Lunch - \$2.50

## **RESIDENTS WITH SPECIAL NEEDS**

Registry of Town Residents with **SPECIAL NEEDS** to receive evacuation and shelter assistance during natural disasters like hurricanes or severe flooding.  
Contact—Diane Patrizio 631-329-6939

## **SENIOR TRANSPORTATION**

This free service is available to senior citizens, and those under the age of 60 who are disabled and unable to drive and have no access to other means of transportation. Voluntary contribution can be made to the contribution box at the Transportation office, or by sending a check to Town of East Hampton, 159 Pantigo Road, East Hampton, NY 11937  
Transportation is provided for **ESSENTIAL SERVICES**.

Transportation is provided to Town Programs:

- East Hampton Senior Nutrition Program
- Montauk Senior Nutrition Program
- East Hampton Adult Day Care Center

Provides services or scheduled appointments that are not emergencies.  
Reservations must be made at least 72 hours in advance.

**For Information call - 631-324-4443**  
Monday-Friday 8:00 AM-4:00 PM  
Program Supervisor - Sue Trotman

## **REFERRAL AND CASE MANAGEMENT**

- Information
- Referrals
- Assistance with accessing entitlements
- Advocacy

## **MENTAL HEALTH SERVICES**

For East Hampton Residents—coordinated through a cooperative agreement between the Town and Family Service League.  
Referrals immediately, with regular follow-up.

**FREE COUNSELING FOR SENIORS** -  
provided every Friday 10:30-12:30PM at the Senior Center.

**For Information call - 631-329-6939**  
Liliana Rodriguez, Case Manager  
(Spanish Speaking)

## **IN-HOME SERVICES**

A program of home care services for residents over 60 years of age who need assistance with light housekeeping, light meal preparation, errands or shopping to ensure their health and safety at home. There may be a “cost share” on a sliding scale basis.

**CASE MANAGEMENT** is provided including assessment, coordination of services and assistance with securing other benefits and services.

**For Information Call - 631-329-6939**

## **RESIDENTIAL REPAIR PROGRAM**

Residential Repair Program provides household assistance with chores that do not require the skills of a licensed craftsman.

### **Services Provided include:**

Minor plumbing, minor carpentry, painting, storm windows, grab bars, smoke alarm installation.

**For Information call - 631-329-6939**  
Liliana Rodriguez, Case Manager  
(Spanish Speaking)



Brochure updated January 2019