



Police Officer Kim Notel,  
D.A.R.E. Instructor



The Town of East Hampton first introduced the D.A.R.E. Program in 1987. Each year more than one thousand students in Montauk, Amagansett, Wainscott and Springs School receive D.A.R.E. There is an abbreviated D.A.R.E. Program for kindergarten-fourth grades, where the students learn about Personal Safety, Medicine Safety, Saying No to Unsafe Situations, Self-Esteem and Handling Conflicts without Violence.

The D.A.R.E. Core Curriculum is a seventeen week course given in the fifth or sixth grades. The D.A.R.E. Officer meets with the class for a 45 minute period each week, and spends the entire day at the school interacting with the students during lunch and recess. D.A.R.E. provides factual information on drugs and violence, and the consequences of becoming involved in high risk behavior. D.A.R.E. teaches coping skills to resist the pressure to use drugs or become involved in dangerous activities. It does this in a school environment that fosters a positive relationship with the Police. These vital life-skills are a foundation for healthy, safe and wiser citizens.

The D.A.R.E. Program was created in 1983 as a joint venture of the Los Angeles Unified School District and Los Angeles Police Department. The D.A.R.E. Program began in New York State in 1989. D.A.R.E. is the largest, well-organized, effective school-based drug and violence prevention program in America.- D.A.R.E. is taught in all 50 States.

- 80% of the School Districts in the United States teach D.A.R.E.
- Worldwide: 54 Countries have the D.A.R.E. Program.
- There are over 50,000 trained D.A.R.E. Officers.
- In the U.S. 36 million students benefit annually from D.A.R.E., 50 million worldwide.

D.A.R.E. alone is not going to stop young people from experimenting with drugs. We all need to work together to keep them safe and healthy. The Schools, Police and Parents need to educate and communicate with students about the dangers of drug abuse and the consequences of violent behavior. Together we can make a difference and encourage them to lead safe and healthy lives.