



# Town of East Hampton Department of Human Services Senior Nutrition Center Menu

March 2020

324-6711

Michelle Posillico, Senior Citizen Program Supervisor

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Breaded Chicken Sandwich Scandinavian Veg. Minestrone Soup Broccoli Slaw Cookies	Country Frittata Broccoli Romaine Salad Fruit cocktail	Shepherd's Pie Green Beans Romaine Salad Peaches	Chicken Cutlet Parmesan Penne Italian Veg. Beet Salad Fresh Fruit	Stuffed Flounder Corn Spinach with Garlic Carrot Salad Cake
9	10	11	12	13
Eggplant Rollatini Angel Hair Pasta Broad Beans Romaine Salad Fruit Yogurt	Crab Cake Spanish Rice Carrots Cole Slaw Fresh Fruit	Beef Stew Mixed Green Salad Pie	Pork Chops Scalloped Potatoes Spinach Carrot Salad Apple Sauce	Chicken Divan White Rice Roasted Brussel Sprout Beet Salad Pudding
16	17	18	19	20
Battered Cod Wild Rice New England Clam Chowder Tomato & Onion Salad Pound Cake	Corned Beef and Cabbage Red Potatoes Carrots Romaine Salad Pudding <i>St. Patrick's Day</i>	Turkey Tetrazzini Angel Hair Pasta Green Beans Cucumber Salad Pears	Sea Leg Salad Macaroni Salad Beet Salad Bananas	Stuffed Shells Italian Veg. Mixed Green Salad Apricots
23	24	25	26	27
Coconut Chicken Rice Scandinavian Veggies Mixed Green Salad Cookies	Baked Virginia Ham Baked Sweet Potatoes Broccoli Romaine Salad Fruit Cocktail	Chicken Cutlet Parmesan Penne Pasta Italian Blend Veg. Chick Pea Salad Fresh Fruit	Shepherd's Pie Green Beans Romaine Salad Peaches	Roast Pork Loin Mashed Potatoes Brussel Sprouts Beet Salad Baked Apples
30	31	 Time to Spring Ahead <b>MARCH 8<sup>TH</sup></b>		 <b>Everyone's Irish On March 17th.</b>
Stuffed Peppers Rice Italian Vegetables Romaine Salad Pears	Flounder Orzo California Vegetables Manhattan Clam Chowder Tropical Fruit			