

East Hampton Town Senior Citizen's Center

PROVIDES A MAIN MIDDAY CONGREGATE MEAL FOR:

Town Residents 60 years or older,
all participants must register and make
a reservation.

PROGRAM HOURS:

8:00 AM to 3:00 PM
Monday through Friday

A hot meal is served at 12:00 Noon
Suggested Voluntary Contribution - \$2.50
per meal. Snacks are provided

Persons with self-declared incomes at or
above 185% of the federal poverty level are
encouraged to make a contribution equal to
the actual cost of the meal.

For information & Reservation call: 631-324-6711

Program Supervisor, Michelle Posillico

Each month a MENU and CALENDAR of
events are provided. Activities include arts
& crafts, parties, bingo, meditation, yoga,
walking club, bridge, knitting workshop,
mahjongg, music, movies, trips and other
social and educational activities.

Transportation is provided to participants
without other means of transportation to and
from the Center. Transportation is provided
door to door to and from home of
participants.

For reservations call - 324-4443

Day Trips for participants of the
Nutrition Program are also planned.
Sign-up for trips is on a "first come basis".

Supervisor, Peter Van Scoyoc
Deputy Supervisor, Sylvia Overby
Councilwoman, Kathee Burke Gonzalez
Councilman, Jeffrey L. Bragman
Councilman, David Lys

PROGRAMS FOR THE AGING:

ADVOCACY

A senior advocate from the Suffolk County
Office for the Aging is at the Center once a
month to assist senior citizens with entitlement
paperwork.

ADDITIONAL LOCAL SERVICES:

MONTAUK COMMUNITY

SENIOR NUTRITION PROGRAM provides,
for a contribution of \$3.00, a hot main meal at
12 Noon at the Montauk Playhouse
Community Center. For Information or
reservation call - 631-668-1023

R.S.V.P., Retired Senior Volunteer Program

provides, at no cost, daily telephone safety
checks and reassurance, and home visits to
seniors living alone.

For information call - 631-267-8371

EAST HAMPTON MEALS ON WHEELS,

INC. Provides two meals a day,
home delivered Monday-Friday.

Fee on a sliding scale.

For information call - 631-329-1669

BLOOD PRESSURE SCREENING

Available on the first Tuesday of each month
at East Hampton Senior Center

CAREGIVER SUPPORT GROUP

For those caring for someone 60+ meets at
Family Service League every other Friday of
the month at 1:30PM

For Information call - 631-329-6939

Liliana Rodriguez, Case Manager (SS)

Town of East Hampton Department of Human Services

128 Springs Fireplace road
East Hampton NY 11937
Tel: 631-329-6939 Fax: 631-329-6693



Human Services - 631-329-6939
Senior Nutrition Center - 631-324-6711
In-Home Services - 631-853-8200
Adult Day Care - 631-324-6449
Transportation - 631-324-4443
Residential Repair - 631-329-6939
Case Management—631-329-6939

Human Services Director, Diane Patrizio

Programs Funded By:
Town of East Hampton
New York State Office for the Aging
Suffolk County Office for the Aging and
U.S. Administration for Community Living

SOCIAL MODEL ADULT DAY CARE

Provides services for Town Residents age 60 and older, who are frail, impaired, physically or cognitively, and capable of benefiting from socialization and being transported.

The purpose our programs is to enable residents to remain at home in the community and offer respite for the caregiver. Our programs provide supervision and monitoring, nutrition, personal care, and socialization.

Programs include a variety of activities:

Art, crafts, poetry, literature, word and memory games, current events, movies, exercise, music, entertainment, drama programs

SERVICES ARE PROVIDED AT East Hampton Adult Day Care Center

128 Springs Fireplace Road
Monday - Friday - 8:30 AM to 2:30 PM

For Information Call: 631-324-6449

Suggested Contribution: \$22.50 per day
Includes continental breakfast
Lunch - \$2.50

RESIDENTS WITH SPECIAL NEEDS

Registry of Town Residents with **SPECIAL NEEDS** to receive evacuation and shelter assistance during natural disasters like hurricanes or severe flooding.

Contact—Diane Patrizio 631-329-6939

SENIOR TRANSPORTATION

This free service is available to senior citizens, and those under the age of 60 who are disabled and unable to drive and have no access to other means of transportation. Voluntary contribution can be made to the contribution box at the Transportation office, or by sending a check to Town of East Hampton, 159 Pantigo Road, East Hampton, NY 11937

Transportation is provided for **ESSENTIAL SERVICES**.

Transportation is provided to Town Programs:

- East Hampton Senior Nutrition Program
- Montauk Senior Nutrition Program
- East Hampton Adult Day Care Center

Provides services or scheduled appointments that are not emergencies.

Reservations must be made at least 72 hours in advance.

For Information call - 631-324-4443

Monday-Friday 8:00 AM-4:00 PM
Program Supervisor - Sue Trotman

REFERRAL AND CASE MANAGEMENT

- Information
- Referrals
- Assistance with accessing entitlements
- Advocacy

MENTAL HEALTH SERVICES

For East Hampton Residents—coordinated through a cooperative agreement between the Town and Family Service League.

Referrals immediately, with regular follow-up.

FREE COUNSELING FOR SENIORS - provided every Friday 10:30-12:30PM at the Senior Center.

For Information call - 631-329-6939

Liliana Rodriguez, Case Manager
(Spanish Speaking)

IN-HOME SERVICES

A program of home care services for residents over 60 years of age who need assistance with light housekeeping, light meal preparation, errands or shopping to ensure their health and safety at home. There may be a “cost share” on a sliding scale basis.

CASE MANAGEMENT is provided by the Suffolk County Office for the Aging and including assessment, coordination of services and assistance with securing other benefits and services.

For Information Call - 631-853-8200.

RESIDENTIAL REPAIR PROGRAM

Residential Repair Program provides household assistance with chores that do not require the skills of a licensed craftsman.

Services Provided include:

Minor plumbing, minor carpentry, painting, storm windows, grab bars, smoke alarm installation.

For Information call - 631-329-6939

Liliana Rodriguez, Case Manager
(Spanish Speaking)



Brochure updated January 2019